

# EUCARBON®

## administration as a Herbal Intestinal Regulator for the treatment of IBS, the Irritable Bowel Syndrome

The irritable bowel syndrome IBS is a benign relapsing disorder characterized by spasmodic abdominal pain, diarrhea or constipation (also alternating), bloating, flatulence and increased gas production. The cause for this disease, generally also classified as psychosomatic illness, is still unknown. Up until now an effective therapy of the basic illness has not been possible and is directed to the treatment of symptoms only. For this reason therapy turns out to be rather difficult.

Dr. Wolf D. Hübner reported the summary of a Clinical Study conducted by Prof. Dr. A. Irnius and Dr. P. Juodagalvyte at the Santariske Hospital of the University of Vilnius, Lithuania, Department of Gastroenterology and Dietetics in August 2002



The medication was given at doses decreasing from 3 x 2 and 4 x 1 to 3 x 1, 2 x 1 and to 1 x 1 tablets per day.

The treatment was conducted over a period of 25 – 45 days (median 37 days).

A scoring system of 4 scales (excellent, good/sufficient, not sufficient, worsening) was used to assess the efficacy of the preparation.

### Results

The evaluation showed an excellent effect in 5 cases and a good/sufficient therapeutic effect in the remaining 16 cases.

This effect was generally reached after 2 to 3 weeks (median: 14 days).

In all cases the preparation was well tolerated. 4 patients reported diarrhea, but it was not determinable whether this was due to medication or rather a symptom of the basic illness.

### Conclusion

It can be concluded from the observations that the preparation EUCARBON®, containing the active ingredients carbo ligni, extractum rhei, folium sennae, appears to be suitable for the administration to patients suffering from IBS.

For further informations:  
[www.eucarbon.com](http://www.eucarbon.com)



### Methods

At the Santariske Hospital of the University Vilnius, department of gastroenterology and dietetics, 21 patients suffering from recurrent symptoms of IBS (20 women, 1 man, aged between 30 – 80 years, median 63 years) received treatment with the herbal intestinal regulator EUCARBON® (F. Trenka Company, Vienna), containing the active ingredients carbo ligni, extractum rhei, folium sennae.