

# German Heart Centre

## A new heart beating in Dubai



Dr. Klaus T. Kallmayer

*“Providing cardiac care of world-class standards at an affordable level within the UAE and developing a cardiac care program for an emergency situation that is not available currently in the UAE is our goal” said Dr. Kallmayer, the Tuebingen, Cambridge and Harvard trained Chairman of the German Heart Centre.*

“Health & Nutrition” magazine met with Dr. Kallmayer to explore this saying ...

### What does the German Heart Centre offer?

The German Heart Centre in Bremen is the first private cardiology group in Germany, which does not only treat patients in an out-patient setting and the day clinic but also runs the interventional services of the Bremen state heart centre.

Here in Dubai we offer noninvasive tests and treatment in our clinic at Dubai Healthcare City.

We have the latest technology for echocardiography – cardiac ultrasound including transesophageal echocardiography. Of course we have ECG and treadmill – ECG – testing and Holter – monitoring. In addition we do ultrasound of carotid arteries and other arteries of the body. We are also prepared to do pacemaker follow-up and can rule out or confirm a heart attack with infarction immediately with the latest laboratory tests.

#### Partners of GHC

- Dr. Klaus T. Kallmayer MA, FACC, FESC, FSCAI
- Dr. Helmut W. Lange, FACC
- Dr. Caspar A. Börner
- Dr. Reinhold Hachmöller
- Dr. Christian Hegeler-Molkewehrum
- Dr. Athanasios Gkanatsas

### Who are the soldiers of Dubai’s Centre?

The German Heart Centre is staffed with German cardiologists, all on senior consultant level, from our group in Bremen every day of the year. Currently four of our partners share the duty on rotation. These are myself, Dr. Helmut Lange, Dr. Caspar Boerner and Dr. Reinhold Hachmoeller. We do rotation, because we want the patients in Dubai to profit from our continuous exposure to the very high caseload of 8000 interventional patients per year in our Bremen catheterization laboratories. In addition to these cases we see more than 25000 patients a year in our outpatient clinic. Thus, our Dubai clinic is active part of one of the busiest and most experienced programs in Germany and not a small stand-alone facility. “We do not believe in visiting doctors. Heart patients need access to their cardiologists at any time. The Dubai centre can bring in seven senior consultant cardiologists depending on demand”. To secure its excellent quality of services, the centre is also bringing

German technologists and nurses to be stationed permanently in Dubai. The centre in Bremen/Germany employs more than 50 highly qualified staff, who can be flown in on short notice.

### What are the services provided by the center?

The German Heart Centre in Dubai offers at its outpatient clinic at Dubai Healthcare City the complete range of noninvasive cardiac examinations, treatments and intervention services including:

- ECG
- Exercise stress test
- Echocardiography (2D, M mode, PW & CW Doppler, Colour flow Doppler)
- Stress echocardiography
- Trans-esophageal echocardiography
- Vascular Doppler and colour flow duplex
- Pacemaker control and programming
- Holter monitoring (24 hours ECG)
- 24-hour blood pressure monitoring
- Pulmonary function test

### Additional services offered at our affiliated hospital:

- Cardiac catheterization (femoral and radial)
- Coronary angiography
- Coronary balloon angioplasty and stent implantation
- Cardiac Magnetic Resonance Imaging
- Multi-Slice CT
- Electric cardioversion and defibrillation of arrhythmias

### What can you tell us about your affiliation with the International Modern Hospital?

IMH has state-of-the-art cardiology facilities with cardiac catheterization laboratory and intensive care unit. German Heart Centre, as the exclusive partner of IMH for invasive cardiac procedures, contributes its extensive experience and excellent quality provided by continuous exchange with its large parent facility in Germany.

The state of the art equipment both at the centre and its associate hospital and the professional expertise from Germany guarantees top class cardiology care in the region. The current capacity of the centre and its associate partner hospital can handle up to 40 noninvasive cases and more than 10 invasive procedures a day.